

FACT SHEET

OBSERVATION HOURS:

The day shift runs from 7AM-7PM. We also have a 10AM-10PM shift that riders can accompany the flight crew from 10AM-7PM. Ride-Along candidates should be aware that there is a chance we can be out later than 7PM and you should plan accordingly.

LOCATION:

The DHART hangar is located on The Dartmouth-Hitchcock Medical Center campus in Lebanon, NH (Exit 18 off of I 89). For those of you who are unfamiliar with the hospital, a map will be sent to you when your ride-along date is scheduled.

AGE LIMIT:

You must be at least twenty one (21) years of age to participate in this program. You should also be currently working in the EMS or emergency medical field.

WEIGHT LIMIT:

Weight remains a concern. Thus, observers are limited to a **maximum weight restriction** of 100kg (**200 lbs**). You must be able to fit into the restraint systems (seat belts) and be able to move in and out of the aircraft. The day of your ride-along you will be weighed. Our ability to carry the load of crew, patient, and ride-along is determined with each individual flight. It is conceivable that, because of the weight limits (or other changes), we may **not** be able to take you on any flights, but we will do our best to work with you.

HEALTH ISSUES:

At times, a busy day at DHART may result in long periods of time without food or beverage. You may also be exposed to flickering sunlight, turbulence, extremes of hot and cold and other stressors of flight. If you have health issues that may affect your ability to tolerate this environment, please contact the DHART team at DHART.RideAlong@hitchcock.org to discuss your specific health concerns. Also, please note any problems you may have on the application form.

WHO CAN PARTICIPATE:

In general, we seek to provide this opportunity to regional health care providers at all levels. This includes active pre-hospital personnel and active in-hospital personnel (RN's, PA's, and MD's). We will also consider health care students (EMT-P, RN, and Medical School). We will prioritize those individuals with whom we most often work, i.e. those involved with critical and emergent care within our region (to include our own facility, DHMC).

If you have any questions please do not hesitate to contact us at:
DHART.RideAlong@hitchcock.org